

THE NATURE OF LEADERSHIP WORK - REFLECTION



I ask for what I desire as we begin this topic



I pray that my entire being become open to God's grace



I imagine these texts being addressed to me, and note my response

Grace: That we become aware of the nature, demands, and implications of our leadership work

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.' But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.'

Luke 10:38-42

"Warn Father Leonard (and consider the same as said to yourself) not to overwork himself, even out of genuine charity, to the point where he appears to be neglecting his bodily health. Even though situations sometimes occur where an extra exertion is unavoidable, he should nevertheless not deprive himself of sleep by spending the night in prayer or staying up much of the night, as those close to him report to us he is doing. What holds for sleep applies also to diet and whatever else is needed, as I have said, for the preservation of health. Moderation has staying power; what puts excessive strain on the body cannot last. Understand, then, that Father General's mind on this matter is that, in whatever spiritual, academic, or even bodily exertions you undertake, your charity should be guided by the rule of discretion; that you should safeguard the health of your own body in order to aid your neighbors' souls; and that in this matter each of you should look out for the other, indeed, for both of you."

A letter that Fr. Juan Polanco (Ignatius's secretary) wrote to a Jesuit Palmer, 334

QUESTIONS FOR REFLECTION

In the last week, where did you feel you are overextended at work and forgetting about other important things? (health, friends and family, prayer, etc.)